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22 - 24 JUNE **TIFFINDELL**

Welcome

15th Annual National Alpine Ski Championships 2008

Snow Sports South Africa and Tiffindell Ski are delighted to host the 15th Annual South African National Alpine Ski Championships.

The Championships are open to male and female competitors of all age groups and all nationalities with the main categories being the Juniors (ages 7 to 18), Seniors (ages 19 to 32) and Masters (ages 33 and older).

Development Officer of Snow Sports South Africa, Ricky Engelbrecht says, "This is the first year that skiing and snow-boarding will have separate Championship events at Tiffindell. This is extremely exciting as it's proof of the growing pool of talent and participants in Snow Sports in South Africa. This 15th annual event is extra-special for us as we will have a chance to showcase South Africa's best skiing talent and start to hone in on developing competitors for the 2014 Winter Olympic Games in Sochi, Russia. This ski event is not to be missed by competitors."

The championship events are open to both SA citizens and visiting nationalities, however National titles are only awarded to SA Passport holders. To register or find out more, log onto www.snowsports.co.za, call Ricky Engelbrecht on 083 642 7565 or email him on ricky@snowsports.co.za.

2008 Race Organising Committee

Race Chairperson	Peter Pilz
Event Manager	Ricky Engelbrecht
Resort Liaison	Lance Cuyler
Race Marshal Coordinator	Jan Krivan
Race Admin / Timing & Calculations	Cherice Isaacs / Laurian Guy / Mariaan Henning
Start & Finish Referee	Piet Steyn / Chris Seddon
Media & Official Photographer	Nicola Burns / Michelle Fagan / Mouton van Zyl
Advertising & Banners	Gareth Marten / Warwick Goosen
Chief of Course / Course Equipment	Alex Heath
Prize Giving	Anton de Souza
Logistics	Hilton Guy



Program & Itinerary

2008 Event

Sun	22nd June	All day	Arrivals, registration and open practice Race camp with Alex Heath.
Mon	23rd June	08h00-08h30 09h00 10h00 13h00 15h00	Course Inspection 1st and 2nd Run Giant Slalom Senior Men & Women 1st and 2nd Run Giant Slalom Junior Dual Slalom Knock out top 32 Prize Giving
Tues	24th June	08h00 - 08h30 09h00 10h00 13h00	Course Inspection 1st and 2nd Run Slalom Senior Men and Women 1st Run and 2nd Run Ski Slalom Junior Prize Giving
Wed	25th June	10h00	Check out and Departure

Competition

Rules

A. RULES APPLICABLE TO ALL EVENTS

1. Disputes and Adjudication

The decision of the Jury is final in all matters relating to the South African National Ski Championships.

2. FIS

Where applicable, International Ski Federation (FIS) rules will apply to the competition events of the South African National Ski Championships.

3. Entry

The South African National Ski Championships are open to all competitors. Only South African Citizens (S.A. Passport holders) qualify for the titles, trophies and medals.

4. Age Groups / Events

All events will be run according to the following age groups for both Men and Woman.

Under 9 (1999 or later)

Under 11 (1998 to 1997)

Under 13 (1996 to 1995)

Under 16 (1994 to 1992)

Seniors (1991 to 1972)

Masters (1973 or earlier)

If you have already turned the age of the group that year you may enter in that age group.

5. Registration

An official Entry Form must be completed indicating in which events the competitor wishes to participate.

Entry Forms will not be accepted as valid unless all sections marked compulsory are properly completed, including the section for Commentator Notes.

Entry form must be delivered to the Race Secretary no later than 16h00 hours on the day before the event, in order for the competitor to be included in the Bib Draw and Start list for the event.

6. Entry Fee

A single Entry fee of R250.00 covers all events and must be received no later than 16h00 hours on the day before the competitors first event. Payment must be in cash.

7. Event Notice Board

The Event Notice Board will be situated at the resort and all official notices, including any timetable and event changes, will be posted there on periodically.

8. Race Meeting

Race meetings will be held on every evening before the competition. Bib (start) numbers will be drawn and allocated for all competitors that have submitted a properly completed Entry Form and paid the Entry Fee. Start lists will be printed and posted on the Event Notice Board.

9. Bibs

Bibs will be ready for collection after the draw. Bibs must be returned immediately after every race.

10. Course Marshals, Disqualifications and Protocol

Course and gates will be under the jurisdiction of the Course Marshals, who will document and report all rule infringements to the Event Committee.

11. Protests

Any protests must be communicated without delay to the Race Committee. The Race Committee may grant a provisional 2nd run should more time be needed to make a decision. Impeded racers should immediately appeal to a Course Marshal for a re-run.

12. Second Run / Subsequent Rounds

Start lists for Second Runs/Subsequent Rounds will be posted on the event Notice Board as soon as Protocol and any Protest Resolutions are completed; copies will be available to Officials and Press.

13. Results

Provisional Results will be posted on the Event Notice Board as soon as final Protocol and Protest Resolutions are completed.

14. Prize Giving

Gold, Silver and Bronze Medals will be awarded, in each age group.

South African Championships - Alpine Slalom Skiing

South African Championships - Alpine Giant Slalom Skiing

HAVE FUN! ... SKI & RIDE SAFE

1. Always stay in control and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a ski run, or are not visible from above.
4. Whenever starting downhill or merging into a ski run, look uphill and yield to others.
5. Always use the ski racks provided to prevent runaway equipment.
6. Observe all posted signs and warning. Keep off closed ski runs and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

Three slopes are available to skiers, namely, beginner slope, main slope and gully slope. A snowboard park is situated on the gully slope and is recommend for advance freestyle skiers and snowboarders only. Skiers and riders should work their way up, beginning with the easiest run (beginner slope) no matter what their ability level may be, until they are familiar with the snow condition at our area. If you have not skied before then please ensure you book your 2 hour beginner ski lesson at the ski school before hitting the slopes.

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Skiing

SITA STYLE

B Rules Applicable To Specific Events

1. Alpine SL (Slalom) & GS (Giant Slalom)

a. Draw and Start-order

The starting order will be done according to age groups. Each age group will have a different colour ribbon attached to their bib. In the senior group start order for top ten in the second run will be in reverse order.

b. Course Inspection

The course has to be inspected during the time period stipulated by the race committee. Racers inspecting the course may only sideslip through the gates. Any competitor found skiing through the gates of the course will be disqualified.

c. Start and Timing

It is the responsibility of every competitor to be at the start on time. The start referee will coordinate the line-up at the start and will give instructions to racers to take up positions in the start gate. Once the start referee has announced that the course is clear the competitor has a 5 second time window to go through the start gate. Once the start gate is opened the timer is activated and stopped when the beam is broken at the finish line. The racers time is then recorded. During any race, non-racing skiers and spectators must under no circumstances cross the finish line.

d. 1st & 2nd Runs

The 1st and 2nd runs are in bib number order. Racers missing or straddling a gate or not finishing their run will be disqualified. The penalty time will be determined by the Race Committee. The winner is the racer with the lowest combined time for both runs.



Andrea & Lauren Harmsen - On the road to 2014

The road to the 2014 Winter Olympic Games in Sochi Russia has begun for the Harmsen sisters from Parktown, Johannesburg. Andrea and Lauren Harmsen had their first taste of international ski racing in Méribel France where they participated in the British National Ski Championships.

On Friday 6th April 2008, the Womens Giant Slalom race took place. Starting in 68th & 69th position the girls took off down the slopes. Unfortunately

Lauren fell in her second run and was not able to complete the run. On Saturday 7th April, the Slalom race again saw the girls starting down the start list in places 68 and 69. This time Lauren fought hard to make up for her fall the day before and finished in 37th and Andrea in 40th place.

These finishes are significant for the sisters as they need to compete in a number of International Ski Federation events to be able to qualify for the 2014 Winter Olympic Games.

The girls will both be competing in the 15th Annual South African National Alpine Ski Championships at Tiffindell Ski Resorts from 22 to 25 June 2008.

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The Ski Festival (SA National Ski Championships) is a Snow Sports SA registered and managed event.